



Jefferson County Health Department will champion positive health outcomes and behaviors through innovative programs and community engagement.

2024 CCHC Childcare Provider Training Schedule

March 13th – MyPlate with blender bike activity

Jefferson County Health Department-Arnold. 6:30pm-8:30pm.

Identify benefits of healthy eating and become familiar with MyPlate food groups and portions to encourage healthy eating habits in children and their families. Includes blender bike demonstration.

April 10th – Lead Poisoning Prevention

Jefferson County Health Department-Hillsboro. 6:30pm-8:30pm.

Learn the dangers of lead poisoning and ways to prevent lead exposure. Provides opportunity to speak with subject matter experts.

April 27th – Traumatic Brain Injury

Jefferson County Health Department-Arnold. 8:00am-10:00am.

Gain knowledge about Traumatic Brain Injury prevalence, signs and symptoms, consequences and prevention. Learn about Missouri's Children With Special Health Care Needs Program.

Safe Sleep with interactive safe crib activity

Jefferson County Health Department-Arnold. 10:00am-12:00pm.

Why are safe sleep practices important? Discuss American Academy of Pediatrics safe infant sleep guidelines and Missouri Child Care Regulation.

May 15th – Lead Poisoning Prevention

Jefferson County Health Department-Arnold. 6:30pm-8:30pm.

Learn the dangers of lead poisoning and ways to prevent lead exposure. Provides opportunity to speak with subject matter experts.

June 12th – Staff Wellness and Stress Management

Jefferson County Health Department-Arnold. 6:30pm-8:30pm.

Learn to identify stressors and how they affect children and adults. Discover effective coping strategies and learn how to implement them.

July 10th – Oral Health

Jefferson County Health Department-Arnold. 6:30pm-8:30pm.

Identify the fundamentals of better oral health practices for young children. Learn about the Smiles To Go Mobile Dental Program services.

****No registration required. Questions? Contact sarah.warncke@jeffcohealth.org***



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Prevent. Promote. Protect.